At Mount Compass Area School we believe that:

- Everyone has the right to feel safe and be safe at school.
- Everyone has the responsibility to act fairly, safely and thoughtfully.

**Definition of Bullying and Harassment**

Bullying and harassment are deliberate and repeated actions towards others which involve the misuse of power.

**Bullying is:**
- Any behaviour that is, or perceived to be, deliberately intended to be hurtful, insulting, humiliating.
- It can be:
  - **physical** eg spitting, hitting, kicking
  - **verbal** eg name calling, teasing, mimicking
  - **psychological** eg rumours, excluding, ignoring
  - **discriminatory behaviour**
- It usually happens **repeatedly**
- It makes people feel small, helpless and weak because the bully is in a position of power.

If you would like further information about bullying or you would like to know anything else about our school, please contact us

Telephone: 85568219
**What we do at Mount Compass Area School to reduce bullying:**

- Create a supportive, learning environment where bullying is less likely to occur
- Actively discourage bullying behaviour
- Provide support and advice
- Include social and friendship skills and anti-bullying programs in their class curriculum

**When children report bullying, staff will:**

- Respond to all reports of bullying by speaking with the person who has been bullied and the person who has bullied others.
- Use consequences that are educative and restorative
- Apply consequences in the yard which may include time out from play, restricted play, office time out with counselling at each step.
- Document incidents of bullying, harassment

**Bullying is not:**

- A genuinely accidental bump that may happen in a game
- An occasional conflict with friends

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**How can a student help prevent bullying?**

- Be respectful to others—value diversity
- Speak and act confidently
- Speak out against bullying whenever you see it happening
- Play with a group and include others
- Avoid people who use bullying behaviours

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**What can students do if bullying occurs?**

- Speak confidently. Tell the person involved to stop
- Ignore
- Walk away confidently
- Tell someone who can help
- Keep telling until it stops
- If you observe others bullying someone ask them to stop.